

# **An Anchor Of The Soul**

The Bible speaks of an anchor for the soul (Heb. 6:19). This anchor allows one to weather the storms of life. How does one get this anchor?

An anchor of the soul is for one who has "fled for refuge to lay hold of the hope set before" him (Heb. 6:18). Refuge is found in the Lord (Prov. 14:26). The way to be "in the Lord" is through belief and baptism (Gal. 3:26-27).

The hope set before us is resurrection unto eternal life (Acts 24:15; Rom. 8:23-25; Col. 1:5). This is assured by the fact that Jesus has risen from the dead and entered into heaven (Heb. 6:19-20). When the dead are raised, judgment will take place and each will be rewarded according to his own works--"those who have done good, to the resurrection of life, and those who have done evil, to the resurrection of condemnation" (Jn. 5:28-29; cf. 2 Cor. 5:10). The former is the hope that anchors the soul in the storms of life.

Do you have an anchor for your soul?

Steven F. Deaton