Let's Make Some Lists

One important principle in time management has to do with making lists. If we have written it down, we are more likely to do it, and we are more likely to have structure in our time and the use of it. Lists also tell us a lot about ourselves. If we write down on paper what we need to be doing and want to do, it helps us to see what is really important to us. Think about the notion of making out lists. On each piece of paper, write the following titles: "People I pray for every day," "Good deeds I do every day," "People I encourage or admonish every day," "Concerns I think about every day.

Once you have filled in each list, analyze it. Does it surprise you what you have written down? Is the list for each category shorter or longer than you anticipated? Are there areas where you should add to your list? Should you change the content of your list?

If any of the lists are too short, what could you do to add to them? For example, if your list of people to pray for is pretty short, why not spend some time thinking about others to add to the list? Just thinking about it will help you fulfill the words of Philippians 2:4: *"Look not every man on his own things, but every man also on the things of others."* The same should hold true for the other categories -- meditating on each of these areas might help you get a better grasp of what you are doing currently, and ultimately how you *"grow in grace, and in the knowledge of our Lord and Saviour Jesus Christ"* (2 Peter 3:18).

I apologize if this article seems too simplistic, but making lists will help you see that what we think we do and what we actually do may be very different.

Kyle Campbell